



# Child Health and Disability Prevention Program

## Fall 2017 Newsletter

## CHDP Updates

### PM 160 Changes and Updates

As of July 1, 2017, the Department of Health Care Services (DHCS) has discontinued the PM 160 for fee for service children. Providers should be billing for this population on the CMS-1500 or UB-04. Provider offices should be using the new referral method as discussed with the CHDP program. For questions on these new methods, please call the CHDP main-line at 209-468-8335.

However, providers will continue to fill out PM 160s for children in a managed care plan. **Do not send copies of these PM 160s to the CHDP office.** For questions about this procedure, please contact your managed care plan representative.

Questions about the overall transition can be directed to the **CHDPTransition@conduent.com** mailbox. Providers are encouraged to look for CHDP updates in the *NewsFlash* area on the Medi-Cal website and subscribe to the Medi-Cal Subscription Service (MCSS). To sign up for MCSS, go to the following link, enter your information, and check the box labeled CHDP Gateway to Health Coverage: <http://files.medi-cal.ca.gov/publsdoco/mcss/mcss.asp>.



### Health Assessment Guideline Updates

The purpose of the CHDP Guidelines for providers is to set standards for pediatric health assessments for children served by the CHDP program. **All but one of the Health Assessment Guidelines (HAGs) sections have been newly updated.** Providers and their staff are encouraged to familiarize themselves with any changes. The updated sections can be found at the following website: <http://www.dhcs.ca.gov/services/chdp/Pages/HAG.aspx>.

The Provider Information Notices (PINs) on these updates can be found at the following links: <http://www.dhcs.ca.gov/services/chdp/Documents/Letters/chdppin1602.pdf> and <http://www.dhcs.ca.gov/services/chdp/Documents/Letters/chdppin1703.pdf>.

Please contact Gwen Callaway, CHDP Health Educator, at 209-468-8918 or [gcallaway@sjcphs.org](mailto:gcallaway@sjcphs.org) with any questions.

### CHDP Vision Screening Training

**Date:** October 12, 2017

**Time:** 8am

**Location:** 1601 E. Hazelton Ave, Stockton, 95205, Multi-Purpose Room

**Contact:** Jay Chevalier PHN, 209-468-3703 or [jchevalier@sjcphs.org](mailto:jchevalier@sjcphs.org)

**The deadline to register is October 4th.**

Staff who perform vision screenings on CHDP children must be certified every 4 years. If staff do not screen a child within one year, they must be recertified.

# Kids Corner

## October is SIDS Awareness Month—A Letter from Dr. Park

Last October the American Academy of Pediatrics released a new policy statement on SIDS (Sudden Infant Death Syndrome) and Other Sleep-Related Infant Deaths. The updated guidelines included a list of recommendations, and the very first of these was to place a baby on his back to sleep *for every sleep*. However, a new study\* has shown that only 44% of parents exclusively put their babies in a supine position for sleep. Let us commit to consistent messaging for our patients as we review the current recommendations:

1. *Back to sleep for every sleep.*
2. *Infants should be placed in a supine position* until 1 year of age. No side sleeping.
3. *Once an infant can roll* from supine to prone and from prone to supine, the infant can be allowed to remain in the sleep position that he or she assumes.
4. *Use a firm sleep surface with tight-fitting mattress sheets.* No loose bedding or soft objects in sleep area.
5. *Never place on sofa, couch, or cushioned chair.* No specific recommendations were made for or against the use of bedside sleepers or in-bed sleepers, as these require further studies.
6. *Infants should sleep in the same room as their parents*, but on a separate surface, for at least the first 6 months of life, ideally for the first year. Keep crib/bassinet close to parents' bed, within view/reach.
7. *Consider offering a pacifier* at nap time and bedtime.
8. *Avoid smoking, alcohol, and illicit drugs* during pregnancy and after birth.
9. *Breastfeeding and immunizations* are felt to be protective.
10. *Avoid overheating and head covering* in infants.
11. *High risk if infant is swaddled and prone.* If choosing to swaddle, discontinue when infant can roll.

\*Factors Associated with Choice of Infant Sleep Position, *Pediatrics*, September 2017

## PHS Program Spotlight Series: Foster Care Nurses

The mission of the Health Care Program for Children in Foster Care (HCPCFC) is to ensure all children in out of home placement receive comprehensive health care services that address their complex care needs. Foster care nurses monitor and oversee all aspects of the child's health, including dental and mental health. They also work with the child's social worker and foster parent to navigate the health care system.

Children are eligible for foster care nurse case management when they enter the foster system. This case management ends when they are reunited with their family, adopted, or age out at 18 years old. Some services are also available to non-minor dependents up to age 21 years, upon their request.

HCPCFC in San Joaquin County (SJC) uses the PHN 01-Health Contact Form for all foster children when they see a doctor. The form is newly available on the CHDP website at the following link: <http://www.sjcphs.org/familyhealth/CHDP.aspx>. It is essential for providers to use this form to document all visits with foster children. Foster parents should bring a copy of the Health Contact Form to the appointment with the top section filled out. **Once the form is completed with the results of the child's visit, please either fax directly to the foster care nurses at 209-932-2638 or return to the foster parent before they leave.**

If you have additional questions, please call Pam Lam, HCPCFC Senior PHN, at 209-468-1408.



# Public Health News

## Cryptosporidiosis Outbreak

San Joaquin County (SJC) is currently experiencing an increase in Cryptosporidiosis cases, commonly called “Crypto”. Crypto is a diarrheal disease caused by a parasite. The most common symptoms are watery diarrhea and stomach cramps which can come and go for up to 30 days.

The most common method of infection is swallowing contaminated water from public swimming areas. Crypto is also easily transmitted person to person if someone who is infected doesn't wash their hands after using the restroom and touches an object or prepares food.

The Centers for Disease Control and Prevention (CDC) suggest the following steps to avoid Crypto infection:

- Don't let your children swim in public areas if they have diarrhea.
- Don't swallow recreational water.
- Rinse off in the shower before getting in the water.
- Take kids on frequent bathroom breaks and check diapers in an area that is away from the pool.

For more information, visit the CDC website: <http://www.cdc.gov/parasites/crypto/>

## Lead Week 2017

October 22-28, 2017 is National Lead Poisoning Prevention Week. The California Lead Poisoning Prevention Branch (CLPPB) will be sending out Twitter messages during that week. The theme is “Healthy homes, food, and play areas protect children from lead.” Be sure to look for [#LeadPoisoning](#) and follow [@CAPublicHealth](#).

For more information about lead poisoning prevention for the entire family visit <http://clppp.sjcphs.org/>.



## Marijuana Use Still Not Recommended

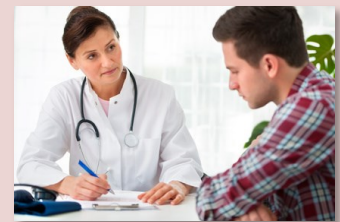
Last year, California voted to legalize recreational marijuana use for adults. Though it is still illegal to purchase marijuana, that ban will lift on January 1, 2018. With prevalent attitudes toward marijuana use relaxing, it is important for providers to be a source of accurate information for families.

According to the American Academy of Pediatrics (AAP), **marijuana is not a safe drug, especially for teens**. At this age, the brain is still developing and regular or heavy use of recreational marijuana may have long-term consequences on memory and higher brain functions. Short-term side effects include memory, attention, and concentration impairment as well as dulled sensory awareness, motor control, judgment, and reaction time. Addiction, depression, and psychosis have been reported in studies of those who use marijuana regularly.

Additionally, marijuana today is three to five times more potent than what was available even 10 years ago. Marijuana smoke is toxic and contains many of the same harmful substances as secondhand tobacco smoke. Vaping or using hookah does not get rid of the toxic substances in marijuana smoke.

The risk of accidental pot poisoning in youth may increase as food-based marijuana products become more common. The slower rate of absorption when eaten may lead to increased consumption in order to bring about the desired effect.

For more information, please see the AAP report which can be found here: <http://www.aappublications.org/news/aapnewsmag/2017/02/27/Marijuana022717.full.pdf>.



# Resources

## Bi-National Health Fairs

Bi-National Health Week is an international effort to improve the health of the underserved Latino population. To celebrate, there will be several health fairs throughout the county during the month of October.



See **Attachment A** for more information on all Bi-National health fairs in the county and **Attachment B** for details on the fair at San Joaquin General Hospital on October 21st.

## Medi-Cal App

Medi-Cal has an official app available for iPhone and Android. Current and prospective Medi-Cal recipients can:



- Find phone numbers and addresses for local services
- Learn about enrolling in coverage
- Get preventative health information
- Set up reminders
- Get important messages about Medi-Cal benefits

Download the app here: [http://www.dhcs.ca.gov/med50th/Pages/Medi-Cal\\_App.aspx](http://www.dhcs.ca.gov/med50th/Pages/Medi-Cal_App.aspx)

## Read to Me, Stockton! Expansion

The Read to Me, Stockton! Program has expanded to a total of eight zip codes in the Stockton area. This literacy program for children sends a free book every month until the age of 5 years in order to promote kindergarten readiness. Every child in a family can enroll and receive their own set of books.



For more information or to enroll a child, please visit <http://readtostockton.org>.

## Medi-Cal Billing Webinars

With recent changes to CHDP billing, providers with questions are encouraged to attend the next Medi-Cal provider seminar on October 17, 2017 in San Luis Obispo County.

Providers also have the option to schedule their own custom billing workshop by calling the Telephone Service Center (TSC) at 1-800-541-5555.

For more information, see the Medi-Cal website: [http://files.medi-cal.ca.gov/pubsdoco/newsroom/newsroom\\_26113.asp](http://files.medi-cal.ca.gov/pubsdoco/newsroom/newsroom_26113.asp).

## Fluoride Varnish Code Fixed

Fluoride varnish is reimbursable in a medical setting up to three times a year for children 0-6 years old.

Providers can now return to the 99188 Medi-Cal CPT code for applying fluoride varnish (FV). The reimbursement has been changed from the incorrect \$0 rate to the proper \$18 rate. There is no longer any need to use the Denti-Cal D1206 CPT code. Managed care plans may reimburse above \$18 for FV application.

Please see the following link for more information on Medi-Cal reimbursement rates: [http://files.medi-cal.ca.gov/pubsdoco/Rates/rates\\_download.asp](http://files.medi-cal.ca.gov/pubsdoco/Rates/rates_download.asp).

## CHDP Newsletter Team

CMS Medical Director	Maggie Park, MD
CMS Administrator	Marianne Hernandez, RN, MSN
CHDP Deputy Director	Vacant
CHDP Public Health Educator	Gwen Callaway, MPH
CHDP Provider Relations	Jay Chevalier, RN, PHN Annette Vegas, RN, PHN
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CHDP Outreach & Support	Xia Lo
CHDP Office Assistant	Russell Espiritu



# 17TH ANNUAL BI-NATIONAL COMMUNITY HEALTH FAIRS

*Serving San Joaquin County*

## Services offered\*

- Flu-Shots (Limited Supply)
- BMI Screenings
- Blood Glucose Screenings
- Cholesterol / Hypertension Screening
- Hearing / Vision Test
- Dental Screenings
- Bone Density Screenings
- Nutrition Information
- Affordable Care Act Info.
- Zumba Demonstration
- Raffle Prizes
- Kids Fun Zone & Much More

\* Please Note: Not all services available at every event.

## — DATES —

**Sunday, September 24, 2017**

**Celebration on Central**  
19 S. Central Avenue, Lodi, CA 95240  
11:00am to 3:00pm  
Contact: Lindsay Grant (209)268-8262

**Saturday, October 7, 2017**

**Multicultural Health and Community Fair**  
Normandy Village Shopping Center  
7908 N. West Lane, Stockton, CA 95210  
10:00am to 2:00pm  
Contact: Mai Vang  
or Xena Ferrario (209)373-2488

**Saturday, October 21, 2017**

**SJGH/SJCC & YMCA**  
Community Health Fair  
San Joaquin General Hospital  
500 W. Hospital Road,  
French Camp, CA 95231  
10:00am to 3:00pm  
Contact: Kristi Bahr (209)468-6372  
or Isela Robles (209)292-8468

**Sunday, October 22, 2017**

**Dia Del Campesino**  
Hale Park  
165 N. Stockton Street, Lodi, CA  
11:00am to 4:00pm  
Contact: Juan Francisco Prieto  
(209)329-0982



SAN JOAQUIN GENERAL HOSPITAL • SAN JOAQUIN COUNTY CLINICS • YMCA OF SAN JOAQUIN COUNTY



# 2017 COMMUNITY Health Fair

Saturday | October 21 | 10am - 3pm

SJGH | 500 W. Hospital Rd. | French Camp  
Clinics' Parking Lot

## FREE SERVICES:

- Blood Sugar Screenings\*
- Blood Pressure Screenings\*
- Car Seat Check-Up
- Hearing Testing
- Dental Screening
- Flu Vaccines

*Call Ahead for an Appointment: 468-7078*

*\*Abnormal Results Reviewed  
by Provider*

## Clinics Open SERVICES AVAILABLE:

- Treatment for Abnormal  
Screening Results *with a  
Provider Referral from Screening Booth*
- Children Walk-Ins
- Pregnancy Testing
- Mammograms
- Breast Exams

## Bring the Entire Family

- Something for Everyone!*
- Children's Activities
  - Raffles & Prizes
  - ...and Much  
More!

# We're Here for You!

EVENT BROUGHT TO YOU BY:



For more information or to participate, please: call (209) 292-8468 or email [communityhealthfair@ymcasjc.org](mailto:communityhealthfair@ymcasjc.org)